Swim Run 7	METASPRINT SERIESSINGAPORE		
Bike 28 April 2019	METASPRINT SERIES TRIATHLON SPRINT DISTANCE		
EAST COAST PARK FINISHER Congratulations to:			
Mark Wakeford			
750M Swim Time:	00:13:41	Total Time:	01:21:46
18km Bike Time:	00:33:29	Category Position:	4/35
5km Run Time:	00:29:32	Overall Rank:	256/1003
METASPORT		smith&nephew	PURE Parkway Shenton
A FUN way to be	9 TRIATHLE	re www.m	netasprintserie <mark>s.com</mark>