



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Ira Rasyid

750M Swim Time: 00:22:51

Total Time: 01:43:18

18km Bike Time: 00:38:47

Category Position: 29/42

5km Run Time: 00:34:59

Overall Rank: 793/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com