



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Michael Cassinides

750M Swim Time:	00:11:08	Total Time:	01:01:50
18km Bike Time:	00:28:05	Category Position:	1/141
5km Run Time:	00:19:30	Overall Rank:	8/1003

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metaspintseries.com