



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Ian Humphreys

750M Swim Time: 00:17:01

Total Time: 01:26:30

18km Bike Time: 00:32:24

Category Position: 63/147

5km Run Time: 00:31:48

Overall Rank: 369/1003

METASPORT

GENS  
World Academy  
(Singapore)



smith&nephew

PURE  
SPORTS NUTRITION

Parkway  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)