Swim Run P	METASPRINT SERIESSINGAPORE		
Bike 28 April 2019	METASPRINT SERIES TRIATHLON SPRINT DISTANCE		
EAST COAST PARK		NISHER ogratulations to:	
Bettina Holyman			
750M Swim Time:	00:16:04	Total Time:	01:22:30
18km Bike Time:	00:34:50	Category Position:	5/40
5km Run Time:	00:27:31	Overall Rank:	269/1003
METASPORT	Control Academy Vorld Academy	Smith&nephew	PURE Parkway Shenton
A FUN way to be	9 TRIATH	LETE www.m	etasprintserie <mark>s.com</mark>