



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Harold Seah

750M Swim Time: 00:15:31

Total Time: 01:17:45

18km Bike Time: 00:31:58

Category Position: 40/149

5km Run Time: 00:25:24

Overall Rank: 178/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com