



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Henry Ong

750M Swim Time: 00:19:04

Total Time: 01:38:00

18km Bike Time: 00:35:07

Category Position: 111/147

5km Run Time: 00:36:19

Overall Rank: 680/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com