



28 April 2019  
EAST COAST PARK

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES TRIATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

Richard Manser

750M Swim Time: \_\_\_\_\_

Total Time: \_\_\_\_\_

18km Bike Time: \_\_\_\_\_

Category Position: /5

5km Run Time: \_\_\_\_\_

Overall Rank: /1003

**METASPORT**

**GENS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

**Parkway**  
Shenton

A FUN way to be a TRIATHLETE

[www.metasprintseries.com](http://www.metasprintseries.com)