



28 April 2019
EAST COAST PARK

METASPRINT SERIES SINGAPORE



METASPRINT SERIES TRIATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jo Friedmann

750M Swim Time: 00:11:35

Total Time: 01:03:32

18km Bike Time: 00:28:15

Category Position: 2/59

5km Run Time: 00:20:38

Overall Rank: 11/1003

METASPORT

GENS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION

Parkway
Shenton

A FUN way to be a TRIATHLETE

www.metasprintseries.com