



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON DISCOVERY DISTANCE

FINISHER

Congratulations to:

Poonam Rai

1.5km Run Time: 00:11:24

Total Time: _____

12km Bike Time: 00:20:58

Category Position: _____ of 31

1.5km Run Time: 00:14:29

Overall Rank: _____ of 94

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com