



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

John Shoemaker

3km Run Time: 00:13:07

Total Time: 01:09:03

18km Bike Time: 00:39:06

Category Position: 38 of 88

3km Run Time: 00:14:30

Overall Rank: 262 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com