



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Paul Chong

3km Run Time: 00:12:50

Total Time: 01:09:54

18km Bike Time: 00:37:56

Category Position: 46 of 84

3km Run Time: 00:16:11

Overall Rank: 283 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com