



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Jamal Ismail

3km Run Time: 00:17:54

Total Time: 01:26:21

18km Bike Time: 00:40:50

Category Position: 80 of 88

3km Run Time: 00:22:37

Overall Rank: 580 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com