



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Fredericus Groenewegen

3km Run Time: 00:14:01

Total Time: 01:08:09

18km Bike Time: 00:35:18

Category Position: 19 of 50

3km Run Time: 00:15:37

Overall Rank: 244 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com