



10 March 2019  
F1 VILLAGE

# METASPRINT SERIES SINGAPORE



## METASPRINT SERIES DUATHLON SPRINT DISTANCE

# FINISHER

Congratulations to:

## Yan Qing Hong

3km Run Time: 00:16:03

Total Time: 01:19:57

18km Bike Time: 00:44:03

Category Position: 12 of 22

3km Run Time: 00:16:15

Overall Rank: 489 of 706

**METASPORT**

**GEMS**  
World Academy  
(Singapore)



**smith&nephew**

**PURE**  
SPORTS NUTRITION

  
**Parkway  
Shenton**

A FUN way to be a TRIATHLETE

[www.metasp rintseries.com](http://www.metasp rintseries.com)