



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Cai Yun Lam

3km Run Time: 00:15:07

Total Time: 01:23:37

18km Bike Time: 00:46:52

Category Position: 18 of 33

3km Run Time: 00:17:08

Overall Rank: 538 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com