



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Dale Mcallister

3km Run Time: 00:14:29

Total Time: 01:05:02

18km Bike Time: 00:32:44

Category Position: 4 of 6

3km Run Time: 00:14:49

Overall Rank: 174 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com