



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Adrian Fragonal

3km Run Time: 00:12:46

Total Time: 01:07:25

18km Bike Time: 00:34:42

Category Position: 37 of 84

3km Run Time: 00:15:15

Overall Rank: 226 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com