



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Joseph Ong

3km Run Time: 00:17:15

Total Time: 01:20:22

18km Bike Time: 00:38:52

Category Position: 1 of 2

3km Run Time: 00:18:50

Overall Rank: 499 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com