



10 March 2019
F1 VILLAGE

METASPRINT SERIES SINGAPORE



METASPRINT SERIES DUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Paul Mok

3km Run Time: 00:16:25

Total Time: 01:13:01

18km Bike Time: 00:36:43

Category Position: 26 of 50

3km Run Time: 00:15:48

Overall Rank: 341 of 706

METASPORT

GEMS
World Academy
(Singapore)



smith&nephew

PURE
SPORTS NUTRITION


**Parkway
Shenton**

A FUN way to be a TRIATHLETE

www.metasprintseries.com