



17 FEBRUARY 2019
PALAWAN BEACH, SENTOSA

METASPRINT SERIES SINGAPORE



METASPRINT SERIES AQUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

James Instone

Swim 750m Split Time: 00:19:45

Total Time: 00:46:29

Transition Time: 00:01:10

Category Position: 10/31

Run 5km Split Time: 00:25:34

Overall Rank: 355/895

METASPORT

GEMS
World Academy
(Singapore)



PURE
SPORTS NUTRITION



CORE
COLLECTIVE
BY AURUM

A FUN way to be a TRIATHLETE

www.metasprintseries.com