



17 FEBRUARY 2019
PALAWAN BEACH, SENTOSA

METASPRINT SERIES SINGAPORE



METASPRINT SERIES AQUATHLON SPRINT DISTANCE

FINISHER

Congratulations to:

Frieda Wolmarans

Swim 750m Split Time: 00:18:14

Total Time: 00:46:20

Transition Time: 00:02:15

Category Position: 9/42

Run 5km Split Time: 00:25:50

Overall Rank: 346/895

METASPORT

GEMS
World Academy
(Singapore)



PURE
SPORTS NUTRITION



CORE
COLLECTIVE
BY AURUM

A FUN way to be a TRIATHLETE

www.metasprintseries.com