

Indofood  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3**® BINTAN  
INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER** **Esmond CHAI**

SWIM 00:48:06 BIKE 04:18:14 RUN 03:16:42 OVERALL

AGE GROUP 55-59 AGE GROUP RANKING /20

**OVERALL RANKING** /789



**METASPORT**

Indofood  
THE SYMBOL OF QUALITY FOODS

wonderful  
indonesia

BINTAN  
RESORTS  
Escape · Unwind · Discover

bintan  
Breathtaking Journey