

Indofood  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3**® BINTAN  
INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER**

**Kok Puay James ONG**

SWIM 00:46:08

BIKE 04:34:57

RUN 01:44:03

OVERALL

AGE GROUP

50-54

AGE GROUP RANKING

/60

**OVERALL RANKING**

**/789**



**METASPORT**

Indofood  
THE SYMBOL OF QUALITY FOODS

wonderful  
indonesia

BINTAN  
RESORTS  
Escape · Unwind · Discover

bintan  
Breathtaking Journey