

**Indofood**  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
**70.3** BINTAN  
INDONESIA

#IM703Bintan

[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER** **Ram TOH**

SWIM 00:42:57 BIKE 03:47:38 RUN 03:03:02 OVERALL 07:46:46

AGE GROUP 45-49 AGE GROUP RANKING 105/137

**OVERALL RANKING** 655/789



**METASPORT**

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wonderful  
indonesia

**BINTAN**  
RESORTS  
Escape · Unwind · Discover

**bintan**  
Breathtaking Journey