

**Indofood**  
THE SYMBOL OF QUALITY FOODS

**IRONMAN**  
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[www.ironmanbintan.com](http://www.ironmanbintan.com)

19 AUGUST 2018

**FINISHER** **Thomas HERRMANN**

SWIM 00:40:29 BIKE 02:36:36 RUN 02:01:21 OVERALL 05:26:30

AGE GROUP 35-39 AGE GROUP RANKING 17/131

**OVERALL RANKING** 84/789



**METASPORT**

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wonderful  
indonesia

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RESORTS  
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Breathtaking Journey