



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**144 Not Out**

For your participation in the **Bintan Triathlon Sprint Distance**

<b>SWIM</b>	Distance: 750m	Timing: 00:11:58
<b>BIKE</b>	Distance: 20km	Timing: 00:32:31
<b>RUN</b>	Distance: 5km	Timing: 00:19:59

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
Team	01:05:32	3	1