



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Ben CROSSLEY**

For your participation in the **Bintan Triathlon Sprint Distance**

**SWIM** Distance: 750m Timing: \_\_\_\_\_

**BIKE** Distance: 20km Timing: \_\_\_\_\_

**RUN** Distance: 5km Timing: \_\_\_\_\_

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>40-49</u>	_____	_____	_____