



**BINTAN
TRIATHLON**
2014



Congratulations to

Dirk IZZO

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:14:32
BIKE	Distance: 20km	Timing: 00:34:18
RUN	Distance: 5km	Timing: 00:22:07

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:12:03	8	2