



**BINTAN
TRIATHLON**
2014



Congratulations to

Richard WADDINGTON

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:18:01
BIKE	Distance: 20km	Timing: 00:34:33
RUN	Distance: 5km	Timing: 00:22:31

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:17:00	13	4