



**BINTAN
TRIATHLON**
2014



Congratulations to

Tiffany LLOYD

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:15:19
BIKE	Distance: 20km	Timing: 00:43:55
RUN	Distance: 5km	Timing: 00:28:40

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:30:23	55	4