



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Koen VERNIERS**

For your participation in the **Bintan Triathlon Sprint Distance**

<b>SWIM</b>	Distance: <u>750m</u>	Timing: <u>00:19:36</u>
<b>BIKE</b>	Distance: <u>20km</u>	Timing: <u>00:45:58</u>
<b>RUN</b>	Distance: <u>5km</u>	Timing: <u>00:30:02</u>

<b>CATEGORY</b>	<b>TOTAL TIME</b>	<b>OVERALL RANK</b>	<b>CATEGORY RANK</b>
<u>40-49</u>	<u>01:39:30</u>	<u>117</u>	<u>39</u>