



**BINTAN
TRIATHLON**
2014



Congratulations to

Hendra Anversian GHIFARI

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: <u>750m</u>	Timing: <u>00:17:55</u>
BIKE	Distance: <u>20km</u>	Timing: <u>00:37:37</u>
RUN	Distance: <u>5km</u>	Timing: <u>00:27:49</u>

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>40-49</u>	<u>01:26:36</u>	<u>37</u>	<u>10</u>