



**BINTAN
TRIATHLON**
2014



Congratulations to

Deddy FIRDAUS

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:23:57
BIKE	Distance: 20km	Timing: 00:48:05
RUN	Distance: 5km	Timing: 00:42:50

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	02:00:30	276	74