



**BINTAN
TRIATHLON**
2014



Congratulations to

Byron RIENSTRA

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: <u>750m</u>	Timing: <u>00:14:32</u>
BIKE	Distance: <u>20km</u>	Timing: <u>00:38:09</u>
RUN	Distance: <u>5km</u>	Timing: <u>00:25:18</u>

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
<u>40-49</u>	<u>01:19:41</u>	<u>14</u>	<u>5</u>