



**BINTAN
TRIATHLON**
2014



Congratulations to

Azlan ISMAIL

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:15:12
BIKE	Distance: 20km	Timing: 00:38:36
RUN	Distance: 5km	Timing: 00:26:36

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-49	01:24:04	31	9