



**BINTAN  
TRIATHLON**  
2014



Congratulations to

**Ashleigh FORD**

For your participation in the **Bintan Triathlon Sprint Distance**

SWIM	Distance: 750m	Timing: 00:16:29
BIKE	Distance: 20km	Timing: 00:54:08
RUN	Distance: 5km	Timing: 00:29:19

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
16-29	01:42:05	133	10