



**BINTAN
TRIATHLON**
2014



Congratulations to

NIRWANAKIAN

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:36:45
BIKE	Distance: 40km	Timing: 01:23:47
RUN	Distance: 10km	Timing: 00:48:50

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
Team	02:50:40	154	10