



**BINTAN
TRIATHLON**
2014



Congratulations to

Mark WAKEFORD

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:28:14
BIKE	Distance: 40km	Timing: 01:18:57
RUN	Distance: 10km	Timing: 01:02:57

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
50-54	02:52:32	167	8