



**BINTAN
TRIATHLON**
2014



Congratulations to

Paul DUFFY

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:31:05
BIKE	Distance: 40km	Timing: 01:09:23
RUN	Distance: 10km	Timing: 00:53:33

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	02:37:49	77	15