



**BINTAN
TRIATHLON**
2014



Congratulations to

Duc TRANG

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:38:30
BIKE	Distance: 40km	Timing: 01:24:15
RUN	Distance: 10km	Timing: 01:02:56

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	03:09:50	293	50