



**BINTAN
TRIATHLON**
2014



Congratulations to

John STEWART

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:31:07
BIKE	Distance: 40km	Timing: 01:12:56
RUN	Distance: 10km	Timing: 00:57:52

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
45-49	02:44:07	109	21