



**BINTAN
TRIATHLON**
2014



Congratulations to

Paul PRENDERGAST

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:38:43
BIKE	Distance: 40km	Timing: 01:01:04
RUN	Distance: 10km	Timing: 00:56:43

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:40:13	90	20