



**BINTAN
TRIATHLON**
2014



Congratulations to

Paul SIMKISS

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:30:35
BIKE	Distance: 40km	Timing: 01:16:59
RUN	Distance: 10km	Timing: 00:54:00

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:43:40	106	25