



**BINTAN
TRIATHLON**
2014



Congratulations to

Liam DOUGLAS

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:36:44
BIKE	Distance: 40km	Timing: 01:18:21
RUN	Distance: 10km	Timing: 01:02:38

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
35-39	03:01:47	241	54