



**BINTAN
TRIATHLON**
2014



Congratulations to

William BLADES

For your participation in the **Bintan Triathlon Olympic Distance**

| | | |
|-------------|-----------------|------------------|
| SWIM | Distance: 1500m | Timing: 00:29:29 |
| BIKE | Distance: 40km | Timing: 01:08:49 |
| RUN | Distance: 10km | Timing: 00:53:11 |

| CATEGORY | TOTAL TIME | OVERALL RANK | CATEGORY RANK |
|-----------------|-------------------|---------------------|----------------------|
| 30-34 | 02:33:00 | 51 | 5 |