



**BINTAN
TRIATHLON**
2014



Congratulations to

Rory MACDONALD

For your participation in the **Bintan Triathlon Olympic Distance**

| | | |
|-------------|-----------------|------------------|
| SWIM | Distance: 1500m | Timing: 00:37:23 |
| BIKE | Distance: 40km | Timing: 01:27:42 |
| RUN | Distance: 10km | Timing: 00:56:32 |

| CATEGORY | TOTAL TIME | OVERALL RANK | CATEGORY RANK |
|----------|------------|--------------|---------------|
| 25-29 | 03:05:15 | 260 | 19 |