



**BINTAN
TRIATHLON**
2014



Congratulations to

Karen BLANKEN

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:44:22
BIKE	Distance: 40km	Timing: 01:45:48
RUN	Distance: 10km	Timing: 01:06:24

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
50-54	03:40:33	436	2