



**BINTAN  
TRIATHLON**  
2014



**Congratulations to**

**Lucia VAN HAAREN**

For your participation in the **Bintan Triathlon Olympic Distance**

**SWIM** Distance: 1500m Timing: \_\_\_\_\_

**BIKE** Distance: 40km Timing: \_\_\_\_\_

**RUN** Distance: 10km Timing: \_\_\_\_\_

**CATEGORY** **TOTAL TIME** **OVERALL RANK** **CATEGORY RANK**

45-49 \_\_\_\_\_