



**BINTAN
TRIATHLON**
2014



Congratulations to

Emma MORRIS

For your participation in the **Bintan Triathlon Olympic Distance**

SWIM	Distance: 1500m	Timing: 00:34:36
BIKE	Distance: 40km	Timing: 01:19:27
RUN	Distance: 10km	Timing: 00:58:11

CATEGORY	TOTAL TIME	OVERALL RANK	CATEGORY RANK
40-44	02:55:40	193	2